



An Affiliate of the International OCD Foundation

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Re: Training Opportunity in CBT Treatment for OCD

April 24, 2023

Greetings!

Massachusetts is in need of more mental health professionals utilizing effective and empirically proven methods for treating youth affected by obsessive-compulsive disorder (OCD). This need is even greater for those with OCD among Black, Indigenous, and People of Color (BIPOC) youth and in under-resourced families and communities. OCD Massachusetts is offering a unique opportunity to support local clinicians to be trained in CBT treatment for OCD and related disorders. Two scholarships will be offered for independently licensed Massachusetts therapists to attend the ***Pediatric Behavior Therapy Training Institute (BTTI) taking place August 4-6, 2023***. OCD Massachusetts will provide scholarships to therapists who treat BIPOC youth and under-resourced families. Additionally, we believe the cultural contexts of the client and practitioner are central to the therapeutic relationship, and we aim to increase sociocultural diversity among OCD clinicians in Massachusetts. Therefore, we encourage BIPOC clinicians to apply.

The Pediatric BTTI is an in-depth three-day intensive training course in cognitive behavior therapy (CBT) for mental health professionals who are treating individuals with OCD and related disorders. It was developed to help address the shortage of therapists properly trained in using CBT to treat OCD. The BTTI is affiliated with the International OCD Foundation (IOCDF) and 21 hours of continuing education credits are offered for psychologists, social workers, and mental health counselors. The training in 2023 will to be held in person in Boston, Massachusetts.

What you can expect from the training:

- A faculty of some of the most experienced and well-respected clinicians in North America
- A working knowledge of exposure and response prevention (ERP), the evidenced-based treatment for OCD
- Case supervision for you OCD cases
- A rewarding experience with an intimate classroom environment of 30 colleagues.

What to do to be considered for the scholarship:

Please submit a 'Letter of Intent' addressing the following bulleted points, and complete the application on page 3.

- Describe your current practice including the setting, types of clients seen (e.g., age, diagnoses, etc.) and primary treatment philosophy and methodology
- Your prior training and experience working with 1) children and adolescents and 2) clients with OCD
- Tell us about your reasons for your interest in the training program
- Describe your current work with BIPOC and under-resources youth and families with OCD and related disorders
- Your current practice location (physical address) and contact information (email and phone number)
- Whether you accept insurance (private and/or public) and/or offer a sliding scale or pro bono services

Please limit your letter to two typed pages and submit it to OCD Massachusetts via email at info@ocdmassachusetts.org (**please include "BTTI Scholarship Application" in the email's subject line**) no later than June 15, 2023.

What the scholarship package includes:

Candidates who are chosen will receive a scholarship of \$1,000. The Scholarship includes \$650 to be allocated strictly for BTTI tuition, \$150 to cover the IOCDF Professional Membership dues (which is required to attend the BTTI - if you already are a professional member in good standing the \$150 can be applied to travel expenses), and the remaining \$200 for travel expenses (which may include meals, gas, lodging, or parking). For additional information on the BTTI please go to <https://iocdf.org/professionals/training-institute/btti/>.

The candidate is required to submit a copy of their Certificate of Completion and all receipts for permissible expenses. Reimbursement will occur once OCD Massachusetts receives your Certificate of Completion and receipts. Please scan and email these documents to OCD Massachusetts at the email address above in one email to expedite the dispersal process for the scholarship. Those who are chosen can expect to receive registration instructions by email from the IOCDF.

We are proud to offer this unique opportunity to mental health professionals in Massachusetts! The need for qualified OCD therapists is urgent. For questions, contact OCD Massachusetts at the email above.

APPLY TODAY!

Sincerely,

OCD Massachusetts Board of Directors

Pediatric BTTI Application
OCD Massachusetts

Name: _____ Date of birth: _____

Email: _____ Phone #: _____

Place of employment: _____

Work address: _____

License type: _____ License No.: _____

Have you previously completed a BTTI training? ___Yes ___No

Over the past two years, what percentage (estimates are acceptable) of your caseload:

- Identifies as BIPOC _____%
- Uses private insurance for your services _____%
- Uses public health insurance for your services _____%
- Has a primary diagnosis of OCD? _____%
- Is under 18 years of age? _____%