



# **OBSESSIVE COMPULSIVE DISORDER & RELATED DISORDERS**

## **SMITH COLLEGE LECTURE SERIES 2016-2017**

Sponsored by the Massachusetts Affiliate of the International OCD Foundation & Smith College  
McConnell Auditorium at Smith College  
7 College Lane, Northampton, MA 01063

OCD Massachusetts, in conjunction with Smith College, presents a series of preeminent speakers in the field of OCD and related disorders. Each presentation takes place from 7:00 – 8:00pm.

Following the lecture, Edward Plimpton, PhD, SEP will be leading a free support group for individual with OCD from 8:00-9:00pm. Interested individuals can attend the group at any point during the year. For further information, feel free to contact: Edward Plimpton at (413) 253-1482 or helpforworries@gmail.com

<b>Date</b>	<b>Title</b>	<b>Presenters</b>
September 20, 2016	An Overview of Obsessive Compulsive Disorder	Deidre Brunelle, MA Randy Frost, PhD Denise Egan Stack, LMHC
October 18, 2016	Exposure & Response Prevention: First Line Treatment	Randy Frost, PhD
November 15, 2016	Reducing Clutter in the Home: Cleaning Out Our Closet and Other Adventures	Lee Shuer Rebecca Belofsky Shuer
December 20, 2016	OCD in the Family	Denise Egan Stack, LMHC
January 17, 2017	OCD in the Classroom: Help for Families & Educators	Denise Egan Stack, LMHC
February 21, 2017	Ask the OCD Experts	Randy Frost, PhD Lilly Gaev, LCSW Ted Plimpton, PhD Denise Egan Stack, LMHC Alan Seigel, PhD (moderator)
March 21, 2017	Challenging OCD: Reid Wilson Podcast	Ted Plimpton, PhD
April 18, 2017	The CBT Model of Understanding OCD	Randy Frost, PhD
May 16, 2017	Medications for OCD & Related Disorders	TBD
June 20, 2017	Perfectionism & Uncertainty	Randy Frost, PhD Denise Egan Stack, PhD Jeff Szymanski, PhD

NOTE: Please check the website: [www.ocdmassachusetts.org](http://www.ocdmassachusetts.org) for information on changes to the schedule or cancellations.

**International Obsessive Compulsive Disorders Foundation, PO Box 961029, Boston, MA 02196**