

OCD Awareness 2016

Tuesday, October 4

Using ACT in the Treatment of OCD

Learn about Acceptance and Commitment Therapy with
Nate Gruner, LICSW at McLean Hospital

Monday, October 10 and Tuesday October 11

OCD Screenings

Carla Kenney, LMHC offers free OCD screenings in Worcester

Thursday, October 13

Massachusetts State House Luncheon

Nathaniel Van Kirk, PhD and IOCDF spokespeople, Elizabeth McIngvale and
Ethan Smith, discuss OCD and mental health care access

Ground Rules and Checkpoints:

How a Marine Officer Declared War On and Defeated OCD

Shannon Shy, IOCDF President, shares his story at UMASS Medical School

Una Noche de Música, Inspiración y Educación

An Evening of Music, Education and Inspiration

Cantante/escritora de Argentina Romina Vitale habla sobre su trayecto personal con el
TOC y Marcia Rabinowits, PsyD discute el TOC y el tratamiento en el
Charles River Community Health en Boston. La presentación será en español.
*Argentinian singer/songwriter Romina Vitale speaks about her personal journey with OCD and
Marcia Rabinowitz, PsyD discusses OCD and its treatment at Charles River Community Health
in Boston. Presentation will be in Spanish.*

Friday, October 14

IOCDF 30th Anniversary Party

Join us in celebrating 30 years of the International OCD Foundation at the
Benjamin Franklin Institute of Technology in Boston

Tuesday, October 18

Exposure & Response Prevention: First Line of Treatment

Randy Frost, PhD discusses ERP for OCD at Smith College

Please visit www.ocdmassachusetts.org for more detailed information