



# **OBSESSIVE COMPULSIVE DISORDER & RELATED DISORDERS LES GRODBERG MEMORIAL LECTURE SERIES 2016 – 2017**

Sponsored by the Massachusetts Affiliate of the International OCD Foundation  
McLean Hospital, De Marneffe  
Cafeteria Building, Room 132  
Belmont, MA 02478

OCD Massachusetts, in conjunction with McLean Hospital, presents a series of preeminent speakers in the field of OCD and related disorders. Each presentation takes place from 7:00 – 8:00pm.

<b>Date</b>	<b>Title</b>	<b>Presenters</b>
September 6, 2016	I've Been Diagnosed with OCD! Now What?	Nathaniel Van Kirk, Ph.D
October 4, 2016	Using ACT in the Treatment of OCD	Nate Gruner, LICSW
November 1, 2016	Medication Q & A	Brian Brennan, M.D, MMSc
December 6, 2016	CBT Treatment for Hoarding Disorder	Jordana Muroff, Ph.D., MSW, LICSW
January 10, 2017	Perfectionism	Jesse Crosby, Ph.D.
February 7, 2017	Is it OCD or an Eating Disorder?	Jennifer Alosso, Psy.D
March 7, 2017	OCD and Attention Deficit Hyperactivity Disorder (ADHD)	Roberto Olivardia, Ph.D.
April 4, 2017	Intrusive Thoughts	Carol Hevia, Psy.D.
May 2, 2017	OCD Treatment for in Kids & Teens	Laura Ferrer Ph.D. & Adam Reid, Ph.D.
June 6, 2017	OCD in the Media	TBD

**NOTE:** Please check the website: [www.ocdmassachusetts.org](http://www.ocdmassachusetts.org) for information on changes to the schedule or cancelations. There are 3 free support groups available to the public on lecture nights. A professionally led support group for parents of people with OCD meets before each lecture, from 6-7pm, in room 118. After each presentation, from 8:15-9:15pm, there are two self-help groups: a GOALS group for people with OCD and their friends and family that meets in room 132 and a support group for people with OCD that meets in room 118. For more information, please contact Carla Kenney at 781.775.1127. The identity of participants and content of group discussion must remain confidential. Furthermore, if desired, you may remain anonymous. We remind participants to be open and supportive to the views of all those who take part in the support groups.

**International Obsessive Compulsive Disorders Foundation, PO Box 961029, Boston, MA 02196**